

# 3<sup>rd</sup> Swiss Outrigger Challenge

## 16.08.2014



**OC1, OC2, Kayak, SS1, SS2 – 53 km**  
**SUP – 26 km**

### **Outriggers, Kayaks and Surfskis**

Unique outrigger race against the current from the picturesque village of Eglisau up to Europe's largest waterfall, the famous and breathtaking Rheinfalls (28 meter drop), and back to Eglisau.

Around the old town of Rheinau, there are 3 barrages where you have to walk and carry the boat, i.e. your leg and back muscles can recover 6 times.

Safety boats accompany you along all river legs.

### **SUP**

The stand-up paddle (SUP) race will be another highlight of the day. A distance of approx. 26km must be conquered: Rheinfalls – Eglisau.

### **Time table 08-16-2014**

08:00-09:00 Registration in Eglisau  
09:30 Mandatory paddler briefing  
10:00 Race start OC, kayak, SS at Eglisau  
12:30 Race start SUP at the Rheinfalls  
From 14:30 Arrivals  
17:00 Prize ceremony  
Afterwards Pasta booth at the Lochmühle, Eglisau

### **Location**

Lochmühlestrasse, 8193 Eglisau, Switzerland.

Please use the official and free parking alongside the road.

Inexpensive places to stay overnight: [http://www.bnb.ch/index.php?p=liste\\_regions&r=J](http://www.bnb.ch/index.php?p=liste_regions&r=J)

### **Food/drink during the race**

At the first barrage (after approx. 2 hours and after 4 hours of paddling) there is a food/drinks area where we offer water and some food.

You can bring your own food and drinks. Put them in a waterproof bag, mark it with your name, and drop it off at the registration desk. The bag will be brought to the food area.

## **Security**

Every paddler participates at his/her own risk. Competitors are responsible for their own insurance. By signing the registration form, paddlers confirm that they can swim, have read these instructions, and will follow the race rules.

Wearing lifejackets is mandatory!

There will be motorboats/security boats along the race course in case of an emergency.

However, please help other paddlers in need during the race.

The last paddler on the water will be escorted by a motorboat.

## **Rules**

- Sign the registration form and the waiver
- Attach the start number to the boat (front top left of the boat)
- Attend the paddlers' briefing
- Wear a lifejacket/PFD
- In case of an emergency, you must help other paddlers
- If you need help, wave your arm and your paddle
- If you give up the race, you must call the organizer
- Get in and out of the water only at the marked areas at the barrages
- Turn to the left (anti clockwise) around the turning point at the Rheinfalls
- Don't paddle beyond the turning point at the Rheinfalls!
- Littering will result in disqualification
- Failure to comply with these rules will lead to disqualification

## **Dinner after the race**

Paddlers, friends, family, and staff can buy pasta (CHF 10) after the prize ceremony.

## **Prizes**

The top three in each category (men, women) will receive prizes

## **Start fee**

- OC, SUP, Kajak, SS: CHF 30

**Paddlers are responsible for their own insurance. The program is subject to change.**